



QUINTA DO COBRAL

OUR RESPONSIBLE VISITORS CODE

REDUCE, REUSE, RECYCLE

Simply use less of everything, if you do have to use it see if it can then be reused and if you can't and there is no more use for it then recycle it. It is our policy here that all waste is sorted for recycling and all waste that is not immediately recyclable in the village is delivered to our local recycling centre in Oliveira do Hospital.

Of course, we try as hard as we can not to generate packaging and other waste. Wherever possible we buy goods unpackaged or those in compostable/recyclable wrapping

BAGS

Please say no to plastic bags! Most shops in Portugal now charge for plastic bags (at last!) We have supplied you with re-usable shopping bags which are kept under the sink, please return after use. There are also new bamboo product bags as well so you do not need to buy your fruit and vegetables in plastic bags.

GET A BREATH OF FRESH AIR

The air here is wonderful, clear and clean. We are surrounded by beautiful views, fabulous countryside and woodlands. You can walk for miles without ever treading on a tarmac road. We have provided you with a range of walks from the cottage in our Activities Folder and walking to any of our local restaurants or bars is easy even at night guided by the stars and moon.

THE SKY AT NIGHT

Everyone who has visited here is amazed by the number of stars you can see from our farm - its because we have almost no light pollution, so turn off the lights and keep the sky bright. Wherever you are, whatever you are doing, ask yourself whether that light or standby button needs to be on. We provide candles and solar lights on the terrace and all over the farm.

We guarantee you some of the most starry nights ever, and the moonlight is amazing!

WATER

People staying here are also amazed by our water, cool and crystal clear, it is a private, pumped supply. The pumping is done by an underground pump and uses out solar energy. The water is filtered through granite and lifted up more that 50 meters below ground level. Please make sure you use just what you need. Simply turn off the tap while brushing your teeth and scrubbing your hands, flush the toilet only when you need to, only fill the kettle for the amount of water you need. We ask that you leave towels that need a wash in the basket provided in the bathroom so we don't take them unnecessarily, this helps save on water, power and detergent. PLEASE NOTE our water is safe to drink, please don't buy plastic water bottles just re-use the ones you have and refill them at our tap.

In the summer our water has to irrigate our crops and animals as well as us so please be extra careful how much you use.

GETTING HERE

We are pleased to help with travel plans and can advise on the best, most economical ways available. If you are staying with us, do away with the stress while going green and travel by train or bus, we can collect you from the station if you need us to.

MINIMISE WASTE

Every excess item you consume has an added cost to the environment, try to avoid buying too much unnecessary food packaging. We are really happy to help with fresh eggs, meat, bread, vegetables, fruit and salads whenever we can. We can also help you by supplying wonderful, locally produced olive oil, wine, pickles and chutneys. Just let us know what you like!

Thank you for being a responsible visitor